

EATWISE

Educated and **A**ware **T**eens **W**ho **I**nspire **S**mart **E**ating

EATWISE is the CookShop® for Teens program at Food Bank For New York City.



Frequently Asked Questions about EATWISE Chapters



What does an EATWISE chapter look like?

There is a great deal of flexibility when imagining your EATWISE chapter. Depending on the interests of the participants, EATWISE can function as an after-school food club or nutrition group. EATWISE looks at food and nutrition from a variety of angles and provides an easy entry-point to a wide range of students, be their interest science, language, arts or social studies. Ideally your chapter will meet once a week to plan events, prepare for workshops and keep current on food and nutrition issues. The overall goal of an EATWISE chapter is to engage students in a curriculum and discussion about healthy individuals and food systems, and to encourage them to share this knowledge with their friends.

What is provided?

The Food Bank For New York City provides the framework, curriculum, and institutional support for your EATWISE chapter. Stipends are paid for all central trainings. We will provide funding for healthy snacks at all of your meetings as well as funding for field trips and various activities. Past field trips have included Stone Barns Farm in Westchester County, East New York Farms, the Food Bank For New York City Warehouse, and various kitchens and markets in the city. We also offer an online resource for all EATWISE chapters citywide, with space to share best practices, ideas and experiences with other EATWISE chapters.



What we need from you:

First and foremost, we need you to commit to regularly scheduled meetings, workshops and initial training. The training will be held in early January 2009 at our headquarters in the Financial District, and must be attended by your adult supervisor and at least two students. As a publicly funded organization, we also need to keep track of the progress your chapter is making. This takes the form of a few surveys, attendance sheets for all of your meetings, and a record of the groups and students your chapter reaches.

We look forward to the opportunity to work with your organization. Application materials are due by **November 14th, 2008.**

Please let us know if you are planning to apply. You will be notified by November 26th of your participation.

Have any questions?

Give us a call or send us an email:

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This material was funded by USDA's Food Stamp Program.

